

EXPLORING THE OPTIONS: PACKAGE COMPARISON

	Essential OH £20 per employee	Enhanced OH £35 per employee	Enhanced Plus £50 per employee
Occupational health assessments - nurse	Yes	Yes	Yes
Pre-placement screenings	Yes	Yes	Yes
24-hour employee assistance helpline	Yes	Yes	Yes
Online employee assistance programme	Yes	Yes	Yes
Musculoskeletal assessments	No	Yes	Yes
Counselling	No	Yes	Yes
Online cognitive behavioural therapy	No	Yes	Yes
Anxiety management	No	Yes	Yes
Stress coaching	No	Yes	Yes
Physiotherapy	No	Yes	Yes
Stress management	No	Yes	Yes
Assertiveness training	No	Yes	Yes
Time management training	No	Yes	Yes
Stress and mental wellbeing risk assessments	No	No	Yes
Access to our Virtual GP	No	No	Yes
Occupational health assessments - physician	No	No	Yes
Ill-health retirements	No	No	Yes
Return to work interview questionnaires	No	No	Yes
Group stress and mental wellbeing risk assessments	No	No	Yes
HR wizard	No	No	Yes
Mental health awareness training	No	No	Yes
Mental health first aid training	No	No	Yes

This is representative of our packages. Please check your service level agreement for exact details of your services.