





## Laura Smith (pseudonym) - Initial Assessment by Telephone

H Academy Trust

Date of birth: 01/01/1990

Referral received: 25/09/2023

Assessment: 27/09/2023

Report sent: 28/09/2023

From: Referrer Name

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Organisation: H Academy

feel that Laura may benefit from the support they may be able to offer her for her mental wellbeing.

Laura is aware that she has easy access to counselling and stress coaching via Smart Clinic, and we discussed this today.

### Review

I have not arranged any further review with Laura, but would be happy to do so if Laura or work have any concerns regarding her health and wellbeing in relation to work in the future.

I hope you find this report helpful. We are open office hours Monday to Friday and we can be contacted on 0800 862 0142 if you require any further assistance.

### Clinician Name

#### Occupational Health Nurse

Smart Clinic by APL Health

9 Brunel Court, Northwich, CW9 7LP

Email: [hello@smartclinic.com](mailto:hello@smartclinic.com)

Tel: 0800 862 0142