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## Occupational Health Report for: Laura Myers (pseudonym)

Occupational Health Assessment by Video.

Job title	Kitchen Assistant	Place of work	C School
Date of birth	01/01/1966	Date of referral	19/12/2022
Referring Manager	Referrer Name	Organisation	C School
Date of assessment	04/01/2023	Date of report	04/01/2023

### Report recipients

This report contains confidential information. The recipients named below have a responsibility to process, secure and store this information in accordance with data protection law.

Name	Organisation	Email
Referrer Name	C School	email@email.com
Additional recipient	C School	email@email.com

Dear Referrer Name,

Thank you for referring Mrs Myers who is a part-time General Kitchen Assistant C School. I can offer an opinion on this case based on my assessment of the individual and the information provided, and I have their consent to release this report to the agreed report recipients.

### Reason for referral

Advice was sought about the nature of her medical conditions, and whether Laura meets the ill-health retirement criteria as stipulated by West Yorkshire Pension Fund.

I explained my role as an Occupational Health Physician and the reasons for referral. At the end of the consultation, I explained my opinion and Laura has received a copy of the report prior to the time of release.

I had access to the following documents:

- Referral letter from X dated 19/12/2022
- Occupational health guidance note and consent form dated 20/12/2022
- Occupational health report by Clinician dated 06/12/2022
- Letter from Dr Z, Consultant in Rehabilitation Medicine, dated 07/07/2022

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## Occupational Health Report for: Laura Myers

### Background

Mrs Myers has been absent from work since November 2021 following a stroke. Mrs Myers is contracted to work as a part-time kitchen assistant at C. This role involves frequent manual handling in an environment with multiple hazards. Very good mobility and limb function is required. In addition, clear and consistent communication is likely to be required to reduce the risk of injuries occurring (e.g., when carrying hot pans).

### Current position

Mrs Myers continues to have significant functional impairment following her stroke. The main functional impairments are:

- Reduced mobility
- Significantly reduced function of her right arm
- Expressive dysphasia – reduced ability to express words accurately
- Post-stroke fatigue

Laura's function remained similar to that outlined by Dr Clinician in his report from last month and was evident during the video call.

### Recommendations and responses to questions raised

In my opinion, on balance of probabilities, Mrs Myers is permanently incapable of discharging efficiently the duties of her current employment or any other comparable employment with her employing authority because of ill health or infirmity of mind or body. Most of the functional recovery from a stroke occurs in the first 12 months. Some improvement may occur still up to 2 years after a stroke. However, Mrs Myers recovery seems to have plateaued with no significant improvement compared to that outlined by her stroke consultant in the clinical letter from July 2022 and further significant improvement is unlikely unfortunately, in my opinion.

The definition of gainful employment within the West Yorkshire pension scheme is 'paid employment for not less than 30 hours and each week for a period of not less than 12 months'. In my opinion, it is very unlikely that she would recover sufficiently to manage any role comprising 30 hours a week. This would meet tier 1 criteria, in my opinion.

In addition, Laura meets the severe ill-health test statement currently (the member is unable to continue in their current job and is unlikely to be capable of taking any other paid work in any capacity, other than to insignificant extent before state pension age because of their ill-health or infirmity), in my opinion.

I have explained my opinion to Mrs Myers and her sister today and completed the ill health retirement certificate to reflect my opinion outlined in this report.

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## Occupational Health Report for: Laura Myers

### Review

I hope you find this report helpful. We are open office hours Monday to Friday, and we can be contacted on 0800 862 0142 if you require any further assistance.

Please let me know if any further clarification is required,

Yours sincerely,  
Clinician Name

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