

EXPLORING THE OPTIONS: PACKAGE COMPARISON

	Essential OH	Enhanced OH	Enhanced Plus
Occupational health assessments - nurse	Available	Available	Available
Pre-placement screenings	Available	Available	Available
24-hour employee assistance helpline	Available	Available	Available
Online employee assistance programme	Available	Available	Available
Musculoskeletal assessments	Not Available	Available	Available
Counselling	Not Available	Available	Available
Online cognitive behavioural therapy	Not Available	Available	Available
Anxiety management	Not Available	Available	Available
Stress coaching	Not Available	Available	Available
Physiotherapy	Not Available	Available	Available
Access to our Virtual GP	Not Available	Available	Available
Occupational health assessments - physician	Not Available	Not Available	Available
Ill-health retirements	Not Available	Not Available	Available
COVID-19 Medical Risk Assessments	Not Available	Not Available	Available
Return to work interview questionnaires	Not Available	Not Available	Available
Stress and mental wellbeing risk assessments	Not Available	Not Available	Available
Group stress and mental wellbeing risk assessments	Not Available	Not Available	Available
HR wizard	Not Available	Not Available	Available
Enhanced plus exclusive content and webinars	Not Available	Not Available	Available
Mental health awareness training	Not Available	Not Available	Available
Mental health first aid training - youth	Not Available	Not Available	Available
Mental health first aid training - adult	Not Available	Not Available	Available